



North Berwick Day Centre



Newsletter Monthly Issue

January 2022

Looking forward to 2022

No New Year resolutions for me, but my intention is to see this year in a positive light. The plan is to accept the limitations that life now has and embrace the things I can do and banish the thoughts of things I cannot.

One thing I **can** do is really enjoy the photographs and stories of things happening in the Day Centre. I make no apology for squeezing as many Christmas snaps in as I can in this edition. Wishing you all a more positive year ahead.

Jackie Tagg

Editor



Thank you to The Compass School in Haddington whose pupils sent us a video of their nativity play and choral concert. We watched on the big screen and it was joyous.

We had a wonderful railway journeys slide show and talk from Ian, our very own Michael Portillo.



Bass Rock Community Group Gifts

How lovely to receive gift boxes and warm home made bobble hats from this group. As you can see they were much appreciated.



Sporting their hats, above from left to right, Mary, Frances and Isobel.

Sally, left gets a special mention as she has just volunteered to be the User Representative, supporting the committee to improve services. Any suggestions talk to Sally.

Red Box Theatre Group

Two members of this theatre group put on an incredible performance for us. They came all the way from Glasgow and never stopped from arrival to departure. A fantastic event which gave us all a huge lift. They even left presents for everyone [including the staff].



Michelle on baking,
bloomers and booze.

James on piano, singing
and other general
nonsense.



Christmas
Collage

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